

LUNCH MENU - WEEK ONE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL				
Jacket Potato with Cheese or Beans or Both	Cheesey Pasta with Garlic Bread & Carrots	Roast Pork, Roast Potatoes, Yorkshire Pudding, Cabbage & Gravy	Cheese or Pepperoni Pizza with Sweetcorn	Fillet of Fish with Chips & Peas
VEGETARIAN				
As Above	As Above	Quorn Fillet, Roast Potatoes, Yorkshire Pudding, Cabbage & Gravy	Cheese Pizza with Sweetcorn	Quorn Fishless Fillet with Chips & Peas
Cheese Roll	Cheese Roll	Cheese Roll	Cheese Roll	Cheese Roll
Ham Roll	Ham Roll	Ham Roll	Ham Roll	Ham Roll
Tuna Roll	Tuna Roll	Tuna Roll	Tuna Roll	Tuna Roll
Egg Roll	Egg Roll	Egg Roll	Egg Roll	Egg Roll
PUDDING				
Homemade Cake or Yoghurt with Fresh Fruit	Homemade Cookie or Yoghurt with Fresh Fruit	Yoghurts and Fresh Fruit	Jelly Pots with Fresh Fruit	Ice Cream Pot with Fresh Fruit

LUNCH MENU - WEEK TWO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL				
Omelette with Chips and Sweetcorn	Chicken Curry with Rice and Peas	Roast Gammon, Roast Potatoes, Yorkshire Pudding, Broccoli & Gravy	Jacket Potato with Cheese, Baked Beans or Both	Fish Fingers with Chips & Mixed Vegetables
VEGETARIAN				
As Above	Vegetable Curry with Rice and Peas	Quorn Fillet, Roast Potatoes, Yorkshire Pudding, Broccoli & Gravy	As Above	Quorn Fishless Fingers with Chips & Mixed Vegetables
Cheese Roll	Cheese Roll	Cheese Roll	Cheese Roll	Cheese Roll
Ham Roll	Ham Roll	Ham Roll	Ham Roll	Ham Roll
Tuna Roll	Tuna Roll	Tuna Roll	Tuna Roll	Tuna Roll
Egg Roll	Egg Roll	Egg Roll	Egg Roll	Egg Roll
PUDDING				
Cake or Yoghurt with Fresh Fruit	Yoghurt with Fresh Fruit	Ice Creams and Fresh Fruit	Jelly Pots with Fresh Fruit	Fresh Fruit Platter or Yoghurt

LUNCH MENU - WEEK THREE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL				
BANK HOLIDAY	Jacket Potato with Cheese, Baked Beans or Both	Roast Chicken, Roast Potatoes, Yorkshire Pudding, Carrots & Gravy	Chilli Con Carne with Rice and Sweetcorn	Fillet of Fish with New Potatoes and Peas
VEGETARIAN				
	As Above	Quorn Fillet, Roast Potatoes, Yorkshire Pudding, Carrots & Gravy	As Above	Quorn Fishless Fillet with New Potatoes and Peas
	Cheese Roll	Cheese Roll	Cheese Roll	Cheese Roll
	Ham Roll	Ham Roll	Ham Roll	Ham Roll
	Tuna Roll	Tuna Roll	Tuna Roll	Tuna Roll
	Egg Roll	Egg Roll	Egg Roll	Egg Roll
PUDDING				
	Fresh Fruit Platter or Yoghurt	Ice Cream Pot and Fresh Fruit	Homemade Cookie or Yoghurt with Fresh Fruit	Jelly Pot or Fresh Fruit with Yoghurt

LUNCH MENU - WEEK FOUR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL				
Tuna Pasta Bake with Sweetcorn & Garlic Bread	Jacket Potato with Cheese or Beans or Both	Roast Gammon, Roast Potatoes, Yorkshire Pudding, Carrots & Gravy	All Day Breakfast with Sausage, Bacon, Scrambled Egg, Baked Beans, Tomatoes & Mushrooms	Fish Fingers with Chips & Peas
VEGETARIAN				
Vegetable Pasta Bake with Sweetcorn & Garlic Bread	As Above	Quorn Fillet, Roast Potatoes, Yorkshire Pudding, Carrots & Gravy	All Day Breakfast with Veggie Sausage, Scrambled Egg, Baked Beans, Tomatoes & Mushrooms	Fishless Fingers with Chips & Peas
Cheese Roll	Cheese Roll	Cheese Roll	Cheese Roll	Cheese Roll
Ham Roll	Ham Roll	Ham Roll	Ham Roll	Ham Roll
Tuna Roll	Tuna Roll	Tuna Roll	Tuna Roll	Tuna Roll
Egg Roll	Egg Roll	Egg Roll	Egg Roll	Egg Roll
PUDDING				
Homemade Cake or Yoghurt with Fresh Fruit	Jelly Pot or Yoghurt with Fresh Fruit	Fresh Fruit Platter or Yoghurt	Homemade Cookie or Yoghurt with Fresh Fruit	Ice Cream Pot with Fresh Fruit